

SPORTS COMMISSION

Towards 2025: Strategy and Action Plan to Prevent and Control Non-communicable Diseases in Hong Kong

PURPOSE

The paper informs Members of the Government's new strategy and action plan (SAP) for prevention and control of non-communicable diseases (NCD) with a view to reducing the burden of NCD in Hong Kong by 2025.

BACKGROUND

2. The Government announced on 4 May 2018 the implementation of a new SAP to prevent and control NCD, entitled "Towards 2025: Strategy and Action Plan to Prevent and Control Non-Communicable Diseases in Hong Kong". The SAP was formulated by the Steering Committee on Prevention and Control of NCD chaired by the Secretary for Food and Health to echo the World Health Organization's call for developing a multi-sectoral action plan to combat the threat of NCD. The membership and terms of reference of the Steering Committee are at **Annex A**.

3. According to the findings of the Population Health Survey 2014/15 by the Department of Health (DH), 13% of people aged 15 or above did not have adequate levels of physical activity to be of benefit to health and 50% of people aged 15 to 84 were overweight or obese. Under the SAP, one of the nine health targets to be achieved by 2025 is a 10% relative reduction in prevalence of insufficient physical activity among adolescents and adults. The executive summary and the chapter on this target of the SAP are at **Annex B and C** respectively. The Chinese presentation by the DH is at **Annex D**.

ADVICE SOUGHT

4. Members are invited to note the SAP and provide views to DH to help work towards the target on reducing physical inactivity.

**Sports Commission Secretariat
August 2018**

**Steering Committee on
Prevention and Control of Non-Communicable Diseases**

Membership

- Chairperson : Prof Sophia CHAN Siu-chee
(Ex-officio) Secretary for Food and Health
- Deputy Chairperson : Dr Constance CHAN Hon-ye
(Ex-official) Director of Health
- Members : Mr Howard CHAN Wai-kee
(Ex-officio) Deputy Secretary for Food and Health
- Dr Rita HO Ka-wai
Principal Medical and Health Officer (Family Health Service), Department of Health
- Dr Tony KO Pat-sing
Deputising Director (Cluster Services), Hospital Authority
- Mr KOK Che Leung
Assistant Director (Rehabilitation and Medical Social Services), Social Welfare Department
- Ms Ida LEE Bik-sai
Deputy Director of Leisure and Cultural Services
- Dr Samuel YEUNG Tze-kiu
Consultant (Community Medicine) (Risk Assessment & Communication), Food and Environmental Hygiene Department
- Mr WOO Chun-sing
Deputy Secretary for Education
- Miss Rosaline WONG Lai-ping
Deputy Director of Housing
- Dr WONG Ka-hing
Controller, Centre for Health Protection, Department of Health

Members : Prof Juliana CHAN Chung-ngor
Dr Peter CHAN Hung-chiu
Ms Amy CHAN Lim-chee
Mr CHIM Hon-ming
Dr CHOI Kin
Dr CHOW Chun-bong
Mrs Josephine KAN CHAN Kit-har
Ms Lisa LAU Man-man
Ms Susanna LEE Wai-yee
Ms LEE Yi-ying
Prof Matthew LEUNG Gabriel
Dr Lobo LOUIE Hung-tak
Dr LUI Siu-fai
Ms Scarlett PONG Oi-lan
Dr Thomas TSANG Ho-fai
Dr Margaret WONG Fung-yee
Mr Simon WONG Kit-lung

Secretary : Dr Regina CHING Cheuk-tuen
Head of the Surveillance and Epidemiology Branch,
Centre for Health Protection, Department of Health

**Steering Committee on
Prevention and Control of Non-Communicable Diseases**

Terms of Reference

1. To steer the direction of work on Non-Communicable diseases (“NCD”) prevention and control in accordance with World Health Organization's Global Action Plan for the Prevention and Control of NCD 2013-2020;
2. To advise and oversee implementation of the time-bound commitments and achievement of the progress indicators;
3. To develop a set of voluntary targets and indicators based on local NCD situations, and monitor their achievements; and
4. To continue monitoring the implementation of outstanding action items of the three Action Plans.