

## **SPORTS COMMISSION**

### **Progress Report of the Community Sports Committee**

#### **INTRODUCTION**

This paper reports on the work of the Territory-wide Physical Fitness Survey for the Community Advisory Committee (AC), which was formed under the Community Sports Committee (CSC) in October 2019.

#### **PROGRESS UPDATE**

##### *Territory-wide Physical Fitness Survey for the Community Advisory Committee*

2. At the last CSC meeting held on 17 October 2019, members agreed to form the AC and appoint two CSC members, Dr. LEUNG Pak-yin and Mr. WONG Po-kee as the Convenor and Vice-Convenor of the AC respectively. Other members of the AC include representatives from the Home Affairs Bureau (HAB), Education Bureau (EDB), Department of Health (DH), the Leisure and Cultural Services Department (LCSD) and two professional organisations, namely Hong Kong Jockey Club Sports Medicine and Health Sciences Centre and Hong Kong Association of Sports Medicine and Sports Science. Experts from local universities were also invited to provide professional advice on the scope and methodology of the survey.

3. Two meetings were held on 12 November and 19 December 2019 respectively. The following issues were discussed:

- (a) members agreed that the target age group for the survey should be adjusted from 3 to 69 for the last survey to 6 to 79 for this survey. Children between the age from 3 and 6 have been excluded as they are considered too young to handle the survey questions. Persons from 70 to 79 have been included in the target group in view of our ageing population;
- (b) physical fitness tests to be conducted and data to be collected should remain comparable to those in the previous surveys held in 2005 and 2010 to facilitate possible longitudinal analysis if deemed necessary at a later stage; and

- (c) computerised equipment will be sourced and deployed to facilitate manpower savings in data entry.

4. Members agreed that it would be a challenge to conduct the survey via household visits under the current social sentiments. To obtain data for different age groups, EDB has in-principle agreed to share the data collected from regular fitness tests at schools. LCSD will also contact relevant chambers of commerce and sizable organisations (including government bureaux/departments) to encourage participation of the working population, as well as the universities, the Social Welfare Department and the Hong Kong Council of Social Service for participation of non-working adults.

#### **ADVICE SOUGHT**

- 5. Members are invited to note the progress reported above.

**Sports Commission Secretariat  
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